

# sydney community grief & support services

## headspace Centres

Support and counselling for ages 12-25 and their families

**headspace Centre Bondi** 20 Bronte Rd, Bondi Junction, New South Wales 2022

**headspace Centre Hurstville** Level 1, 8 Woodville Street, Hurstville, New South Wales 2220

**headspace Centre Ashfield** 260 Liverpool Road, Ashfield, New South Wales 2131

**headspace Centre Miranda** 5/522 Kingsway, Miranda, New South Wales 2228

**headspace Centre Camperdown** Level 2, Building K (Brain and Mind Centre), 97 Church St, Camperdown, New South Wales 2050

## Online Support

**headspace** online 1800 650 890 online support and counselling for ages 12-25

**kidshelpline** 1800551800 24/7 crisis support for children and young people 5 - 25

**Beyondblue** 1300 22 4636 24/7 mental health support

**13YARN** 139276 - A 24/7 Aboriginal & Torres Strait Islander crisis support line

**Lifeline** 131114 24/7 crisis support

**NSW Mental Health Line** 1800 011 511 24/7 line for mental health services in NSW and all ages

**1800 Respect** 1800 737 732 24/7 support for people impacted by sexual assault, violence, or abuse

**The National Centre for Childhood Grief (NCCG)** dedicated to caring for bereaved children and their families <https://childhoodgrief.org.au/> 98 Balmoral St, Hornsby, NSW, 2077

If you are concerned about someone at risk of immediate harm please call 000



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